

# 8 Habits You Can Adapt to Be Successful at Everything

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What habits leads to success? While success can be defined in many different ways, there are 8 habits that highly successful people share, no matter it be in business, marriage, health or life in general. Being successful all starts with learning these habits and making them your own. Take a few minutes and watch this TED talk about 8 Secrets of Success ([http://www.ted.com/talks/richard\\_st\\_john\\_s\\_8\\_secrets\\_of\\_success.html](http://www.ted.com/talks/richard_st_john_s_8_secrets_of_success.html)) then read how you can take these secrets so that you can be successful in every aspect of your life.



Here are 8 Habits you can adapt to your life to be successful at everything.

## 1. Have Passion

If you want to be successful in life, you must possess a passion for what you do. You can't expect to be successful if you don't have any passion in what you're doing. Passion comes from within so ask yourself, what are you most passionate about? When you find out what your passions are, make it a habit to try and live out your passions every single day!

## 2. Work Hard

Success is achieved by putting in the work. It takes time and dedication to be successful and while it won't be easy, when you put in the work, you will reap the benefits.

## 3. Be Good at What You Do

Whatever you decide you want to accomplish, make sure you dedicate yourself to it 100% and be damn good at whatever it is you set your mind to. Invest your time and energy every single day to develop your mind in what you want to be successful in. What separates you from the rest of the crowd? Find what you're passionate about and make sure you put in the work to be the best at it!

## 4. Stay Focused

With so many distractions in our every day lives, it's very important for you to stay focused on your goal. Keep your attention on what you want rather than allowing distractions to get in the way and take you off course. Keep your focus and success will be the byproduct!

## 5. Push Yourself

You need to make sure that you push yourself every single day to keep at it. You need to push through all your limiting beliefs that you have about yourself. Whether it be shyness or lack of confidence. Get yourself out there! Keep pushing forward even when your doubts kick in. Understand what your insecurities are and make sure that you overcome them by pushing forward. What separates a successful person from an unsuccessful person is the ability to pushing themselves outside their comfort zone and being committed to success.

## 6. Serve Others

Take the time and serve to others with your knowledge, wisdom and skills. There's nothing more fulfilling than sharing your skills with others so that they can have the tools to be successful as well and hopefully, they will pass on what they've learned from you to other people.

## 7. Putting Your Ideas to Action

When you have ideas make sure you put them into action! A lot of us have great ideas but the secret to success is to put those ideas on a piece of paper and turn them into reality. Allow yourself to be creative with your ideas and figure out a way to turn these ideas into action.

## 8. Persistence

Even when the going gets tough, keep on going. Commit yourself every single day to accomplish your goals. It's easy to just give up when you have a day that was not what you expected to be but no matter what happens, continue to have persistence and know that you're developing even when you fail. As Dale Carnegie once said, *"Develop success from failures. Discouragement and failure are two of the surest stepping stones to success."*

This is a great quote to remember in times when you're feeling discouraged and unmotivated. You will experience some failures but know that experiencing them are also a great stepping stone to success!

While we'd all love to throw in a cup of this or a dash of that, it's not that straightforward. 10 Qualities That Will Make You Successful (<http://www.lifehack.org/articles/productivity/10-qualities-that-will-make-you-successful.html>?utm\_source=post&utm\_medium=whilewedalllovetothrowinacupofthisoradashofthatitsnotthatstraightforward&utm\_campaign=innerlink)

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